

## Québec Family Allowance

The family allowance payment is provincial financial assistance paid to all eligible families with one or more dependent children under the age of 18 who live with them. If your child was born in Québec, no application is required - you are registered automatically. If your child was not born in Quebec, you will have to apply.

To get the family allowance payment, you or your spouse must file an income tax return, even if you have no income to report. The amount of the child assistance payment is dependent on factors such as number of children you have, income levels and the needs of the child. More information on these factors can be found through [this link](#). You can calculate approximately how much funding you could be eligible to receive through the [CalculAide tool](#).

You can find the full information on the Québec Family Allowance online [here](#).

### Family Allowance Payment Application Process

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#### Confirm Your Eligibility

To be eligible you must live in Québec, be responsible for the care and education of a child under 18, and live with the child or, if the child has been placed in a youth centre, pay the contribution required by the centre.

You or your spouse must also have one of the following statuses:

- Canadian citizen;
- Permanent resident;
- Temporary resident who has been living in Canada for the last 18 months;
- Protected person.

More Information on Eligibility can be found at the [Retraite Quebec](#) website.

### Applying for Child Assistance Payment

If your child was not automatically registered for the Quebec Family Allowance Program due to a variety of reasons such as an out of province birth, adoption or immigration, you must file an [Application for Family Allowance Payments](#).

You must provide the SIN number of the guardian or their spouse.

### Streamlined Procedure

If your child was born in Quebec, no application is needed. Your child is automatically signed up for the family allowance program.

### Approval

If approved, you will receive a letter in the mail within 120 days of submitting the application. This letter will outline how much funding you will receive.

### Rejected

If rejected, you will receive a letter in the mail within 120 days of submitting the application. This letter will outline the reasons for the rejection. You can appeal the decision by submitting the [Application for Review Form](#).

### Receive Family Allowance Payment

If you are eligible, you can expect the first child assistance payment a maximum of 40 days the birth of your child. The family allowance payment can be received on the 1st working day of each quarter (July, October, January, April) or once a month. You can also sign up for direct deposit to receive your payments in your bank account. Family allowance can be paid to only one person in the family. In the case of shared custody, the amount is divided and paid to both parents.

For those who applied separately for the retroactively for a period of 11 months from the date an application is received if all of the eligibility requirements are met.

### **Apply for Supplemental Child Benefit Funding**

The Quebec government provides additional funding through the family allowance program to support parents of children living with disabilities. For more information on

- (1) The Quebec Supplement for Handicapped Children and
- (2) The Quebec Supplement for Handicapped Children with Exceptional Care Needs, please see the pathways for each program on this site.



### **Continuously File Income Taxes**

You will keep receiving the Quebec Family Allowance Payment without needing to re-apply every year as long as you remain eligible for the program. You must continue to file income taxes to be eligible for the program.